## **Supply list for Kaleidoscope Workshop**

- 1 sheet of Clear plastic template material
- Scissors: 5 or 6 inch sharp fabric scissor, Template/paper scissors
- Set-up for rotary cutting, including a rotary cutter, ruler and mat. Small rotary cutter if you have one.
- Folding mirror --- Marti Michell Magic Mirrors, 6"x6", 5 Ounce (Amazon or Jo Ann Fabric online.)
- Extra Fine pins (you will be sewing over these pins)
- Good seam ripper
- Plastic divided tray, this is for organizing your pieces (relish tray from the dollar store or a container from Christmas goodies)
- Black Thread
- Sewing machine with a well-defined quarter-inch seam allowance guide and single hole throat/needle plate, if available
- Simple, inexpensive compass
- Sharp pencils and an erasers
- 12 inch ruler

## Fabric

- 1. Bilateral Fabrics: Fabric with a definite right and left side design, a mirror image of one another. The line of summitry running longitudinally through the center of the design dividing the design in two identical parts.
- 2. Also: a wide variety of small to medium all-over prints, textures, gradations, ombre, stripe, marbles and fabric speckled with gold (a black splattered with gold is excellent) Include rich saturated jewel tones, painterly fabrics and hand dyed fabric.
- 3. Batiks with repeated designs as well as solid colored batiks.
- 4. Solid black or dark colors.

## Resources:

Paula Nadelstern <a href="https://www.paulanadelstern.com">https://www.paulanadelstern.com</a>

Fabric Resources I have used:

Hancock's of Paducah https://www.hancocks-paducah.com

eQuilter.com <a href="https://www.equilter.com/designer/11/paula-nadelstern">https://www.equilter.com/designer/11/paula-nadelstern</a>

Spoonflower https://www.spoonflower.com

Over the Rainbow <a href="https://www.overtherainbowfabrics.com">https://www.overtherainbowfabrics.com</a>

## Books:

Paula Nadelsterns - Kaleidoscopes and Quilts (1996, Trade Paperback)

Paula Nadelsterns - Kaleidoscope Quilts: An Artists Journey Continues

Paula Nadelsterns - Fabricadabra : Simple Quilts, Complex Fabric

Paula Nadelsterns - Snowflakes & Quilts

I will have these book for you to look at, you do not have to buy these book before the class.

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Mary